# **SIEMENS**

# Arterial Blood Gas Analysis Preanalytical Concerns

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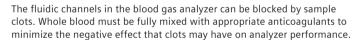
The results you obtain from the analyzer are only as good as the sample. For accurate results, and to avoid clots, immediately expel all air, mix the sample thoroughly immediately after sample draw and again before analysis, and analyze as soon as possible.

# 1 Sample Contamination with Room Air



The presence of air in a syringe sample will affect the pO<sub>2</sub>, especially when the sample is mixed. Any air present must be expelled immediately after collection. Even a couple of small bubbles left in the sample will significantly distort the pO<sub>2</sub>.

### 2 Clotting





Mix the sample as soon as possible after collection to distribute the heparin throughout the sample. Ensure that you use the correct sampling device and mix the anticoagulant thoroughly by rolling the syringe between your palms at least 20 times. Take care to avoid warming the sample.

Never use a clotted sample on your blood gas system.

#### Hemolysis

If blood is withdrawn under force, or through a very small needle bore, the red blood cells may hemolyze (break), releasing their contents.

**Note:** Small amounts of hemolysis can elevate the potassium level significantly. One cannot identify hemolysis in whole blood; however, hemolysis is easily recognized in plasma or serum samples (after blood is centrifuged in the laboratory).

# 4 Settling of Red Blood Cells

Red blood cells settle very quickly in anticoagulated blood. If settling has occurred, the analyzer will aspirate too many or too few red blood cells. In particular, this can affect the total hemoglobin result.

If a sample is not analyzed within 30 seconds of mixing, it must be re-mixed before analysis.

#### 5 Dilutional Errors

If the sample is drawn from an arterial line that has not been fully cleared, from too close to an infusion site, or if liquid heparin is used, then the results will reflect the sample contamination from these fluids. All results may be affected, depending on the contaminating fluid, but glucose, potassium, and sodium are the most affected parameters.

**Note:** You cannot see fluid contamination. When mixed, it looks like whole blood.

#### 6 Errors from Delayed Analysis

A whole blood sample is a piece of living tissue. The white blood cells will continue to use  $O_2$  and produce  $CO_2$ , and they also utilize the glucose in the sample and create lactate as a metabolized by-product. For the sample to accurately reflect the status of the patient, it should be analyzed immediately; otherwise, the cell metabolism will alter the test results for the sample. Samples should be analyzed immediately, if possible, but may be stored at room temperature up to 30 minutes.

#### Parameters affected by ongoing cellular metabolism:

pO <sub>2</sub>	↓ due to consumption by cells
pCO <sub>2</sub>	↑ due to production by cells
рН	↓ due to change in CO <sub>2</sub> and glycolysis
Glucose	↓ due to cellular metabolism
Lactate	↑ due to glycolysis

If a delay of more than 30 minutes occurs before analysis, consider storage in ice water, and do not report potassium results.