

# What you need to know for your SPECT exam.

[Your facility's logo]

At [facility name], we take pride in providing our patients with the highest levels of patient care.

That's why we use a Siemens Symbia® [Evo or Evo Excel], which offers industry-leading image quality. Because the image quality of our system is so high, your physicians can obtain more clinical information than previous SPECT systems to provide a more accurate picture of your health.

## What will happen at my appointment?

You'll be asked to change into a gown; then you will lie down on a patient table. The table will move slowly through the gantry (the large doughnut-type shape). Once you are in the correct position, your technologist may ask you to hold your breath or not to move. You'll hear a low whirring sound during the exam.

## Your SPECT Exam Checklist

- Remove all metal objects, such as a belt or jewelry.
- Bring images from previous examination (including X-rays) with you.
- Ask your physician if your examination requires contrast. If it does, find out how many hours you will need to fast before the examination.
- Let your physician know if you have had previous allergic reactions.

## What is a SPECT exam?

A SPECT exam is a type of medical imaging that shows biological functions and detailed anatomical structures together. It tells us how your organs and tissue function.

## Is it safe?

SPECT scans use invisible beams of ionizing radiation that pass through the body to create an image. At our facility, we are dedicated to the highest levels of patient safety—which is why our healthcare team selected technology that uses very low doses of radiation while maintaining excellent image quality.

If you have any additional questions or concerns before your exam, please contact us at [facility phone number].

[Your facility's site image]



[Use existing image or replace with your choice]

**Your SPECT imaging appointment is on**