

Subject: **What you need to know for your SPECT/CT exam.**

At <<facility name>>, we take pride in providing our patients with the highest levels of patient care.

That's why we use a Symbia® SPECT/CT system from Siemens Healthineers. With the high-quality images this system can provide, your physicians can have more clinical information to get a more accurate picture of your health.

Your SPECT/CT imaging appointment is on _____.

What will happen at my appointment?

You'll be asked to change into a gown and then you will lie down on a patient table. Contrast is often injected into a vein to help the radiologist better visualize structures in the body. If you are receiving contrast, a small intravenous (IV) line will be placed in your arm.

Once you are on the table, the technologist will help you get into the correct position. The SPECT camera detectors will move closer to your body and rotate around you. The gantry, or patient table, will move slowly. The technologist may ask you to hold your breath, and you'll hear a low whirring sound as the exam takes place. It's very important that you try not to move during the exam. The exam will take approximately 30-60 minutes.

When will I receive my results?

After your exam is complete, a radiologist will review it and send a report to your doctor. You should contact your doctor to discuss the results.

Your SPECT/CT Exam Checklist

- Remove all metal objects, such as a belt or jewelry.
- Bring images from previous examination (including X-rays) with you.
- Discuss with your doctor how many hours you will need to fast before the examination.
- Let your physician know if you have had previous allergic reactions.