



### FEEL COMFORTABLE

in a wide-open space and enjoy a more relaxing exam experience



### HAVE CONFIDENCE

that your doctor will receive high-quality images needed to provide the best patient care



### EXPERIENCE CONVENIENCE

in your community with our brand-new MRI



### ACCESS EXPERTS

outside of your community who are top in their field

### Your MRI appointment information:

Date: \_\_\_\_\_

Time: \_\_\_\_\_



### YOUR MRI EXAM CHECKLIST:

- Remove all metal objects, such as a belt or jewelry.
- Bring images from previous examination (including X-rays) with you.
- Ask your physician if your examination requires contrast. If it does, find out how many hours you will need to fast before the examination.
- Let your physician know if you have had previous allergic reactions.

# Experience a more comfortable MRI exam



THIS MRI AT

## MRI scan in your future?

An MRI scan can be critical to your care and diagnosis, yet it can also be an intimidating experience. That's why we've invested in a new MRI with the largest opening available – to make your overall exam a more enjoyable one.

We understand that you want to get the best possible care and you may have a lot of questions. This brochure includes the answers to some of our most frequently asked questions about MRI.



### WHAT IS AN MRI SCAN?

MRI stands for magnetic resonance imaging. Unlike x-ray or CT (computed tomography), MRI does not expose you to radiation. Instead, MRI uses magnetic fields and radio waves to identify different body tissue and differentiate individual anatomy. This type of imaging can be very helpful in diagnosing injuries or fractures, or in identifying disease in its earliest stages.



Clinical image of a foot/ankle scan.

### WHAT HAPPENS DURING MY EXAM?

On the day of your exam, you may be asked some questions to make sure that you're eligible to undergo the MRI exam. For instance, patients with metallic foreign bodies or surgically implanted devices like cardiac pacemakers and aneurism clips are not eligible. These devices may be adversely affected by the magnetic field. Objects containing ferrous metals will also interfere with obtaining a good MR image. Therefore, it's advisable to wear clothes without zippers, snaps, or buckles. Or, you may wear special garments provided by the imaging facility.

MRI exams generally take between twenty minutes and one hour. During this time, a series of images will be taken. Each set of images requires several minutes to complete. An intercom system keeps you in two-way communication with the trained medical professional performing your exam.

Try to remain still while images are being acquired. You'll know that an image is being acquired when you hear a knocking sound. Feel free to relax, when it's quiet. Once complete, your magnetic resonance images will be processed and sent to your physician who will discuss the results with you.

### WHAT IS AN MRI SCAN WITH CONTRAST?

For some MRI examinations, a contrast medium (sometimes called a dye) is given to help highlight a particular area of your body. Depending on the type of exam, contrast medium is administered in a number of different ways. You might, for example, be asked to drink it or it might be injected into a vein.



Clinical image of a spine scan.

**Please consult your physician prior to the examination regarding existing allergies or any questions about contrast medium.**