

## **SUMMARY OF PRODUCT CHARACTERISTICS**

### **1 NAME OF THE MEDICINAL PRODUCT**

MetaTrace FDG Solution for injection

### **2 QUALITATIVE AND QUANTITATIVE COMPOSITION**

1ml solution for injection contains **3000** MBq Fludeoxyglucose ( $^{18}\text{F}$ ) at the date and calibration time ( $t_0 + 2$  hour).

The activity per vial is lower or equal to **30GBq** at the date and time of calibration.

Fluorine-18 has a half-life of 109.8 minutes by emitting a positronic radiation of maximum energy of 0.633 MeV, followed by photonic annihilation radiations of 0.511MeV.

Fludeoxyglucose  $^{18}\text{F}$  (2- $^{18}\text{F}$ ]Fluoro-2-deoxy-D-glucose) is prepared by the phase transfer catalysed nucleophilic substitution on mannose triflate (1,3,4,6-tetra-O-acetyl-2-O-trifluoromethanesulphonyl- $\alpha$ -D-mannopyranose) with  $^{18}\text{F}$ ]fluoride.

Hydrolysis under alkaline conditions yields 2- $^{18}\text{F}$ ]fluoro-2-deoxy-D-glucose (Fludeoxyglucose  $^{18}\text{F}$ ).

For a full list of excipients, see section 6.1.

### **3 PHARMACEUTICAL FORM**

Solution for injection

Clear, colourless or slightly yellow solution

### **4 CLINICAL PARTICULARS**

#### **4.1 Therapeutic indications**

This medicinal product is for diagnostic use only.

Fludeoxyglucose ( $^{18}\text{F}$ ) is indicated for use with positron emission tomography (PET) in adults and paediatric population.

### Oncology

In patients undergoing oncologic diagnostic procedures describing function or diseases where enhanced glucose influx of specific organs or tissues is the diagnostic target. The following indications are sufficiently documented (see also section 4.4):

#### Diagnosis

- Characterisation of solitary pulmonary nodule
- Detection of cancer of unknown origin, revealed for example by cervical adenopathy, liver or bones metastases
- Characterisation of a pancreatic mass

#### Staging

- Head and neck cancers including assistance in guiding biopsy
- Primary lung cancer
- Locally advanced breast cancer
- Oesophageal cancer
- Carcinoma of the pancreas
- Colorectal cancer particularly in restaging recurrences
- Malignant lymphoma
- Malignant melanoma, Breslow  $>1.5$  mm or lymph node metastasis at first diagnosis

#### Monitoring of therapeutic response

- Malignant lymphoma
- Head and neck cancers

#### Detection in case of reasonable suspicion of recurrences

- Glioma with high grade of malignancy (III or IV)
- Head and neck cancers
- Thyroid cancer (non-medullary): patients with increased thyroglobulin serum levels and negative radioactive iodine whole body scintigraphy
- Primary lung cancer
- Breast cancer
- Carcinoma of the pancreas
- Colorectal cancer
- Ovarian cancer
- Malignant lymphoma
- Malignant melanoma

### Cardiology

In the cardiology indication, the diagnostic target is viable myocardial tissue that takes-up glucose but is hypo-perfused, as it must be assessed beforehand using appropriate blood-flow imaging techniques.

- Evaluation of myocardial viability in patients with severe impaired left ventricular function who are candidates for revascularisation when conventional imaging modalities are not contributive.

### Neurology

The brain's energy budget is overwhelmingly devoted to the maintenance of intrinsic, resting (task-independent) activity, which in cortex is largely maintained by glutamatergic synaptic signalling. FDG uptake strongly correlates at autopsy with levels of the synaptic vesicle protein synaptophysin. Hence, FDG PET is widely accepted to be a valid biomarker of overall brain metabolism. FDG PET abnormalities are assumed to represent the results of neuronal degeneration mechanisms.

- Localisation of epileptogenic foci in the presurgical evaluation of partial temporal epilepsy (Hypometabolism is linked with interictal foci or with neuronal degeneration)
- Cognitive diseases:

In conjunction to clinical evaluation to help with:

- Detection of patients at high risk for Alzheimer's disease
- Prognosis evaluation in patients with mild cognitive impairment.
- In case of diagnostic uncertainty between Alzheimer's disease, fronto-temporal lobar degeneration and Dementia of Lewy body or to support the absence of these conditions.

### Infectious or inflammatory diseases

In infectious or inflammatory diseases, the diagnostic target is tissue or structures with an abnormal content of activated white blood cells.

In infectious or inflammatory diseases, the following indications are sufficiently documented:

### Localisation of abnormal foci guiding the aetiological diagnosis in case of fever of unknown origin

#### Diagnosis of infection in case of:

- Suspected chronic infection of bone and /or adjacent structures: osteomyelitis, spondylitis, diskitis or osteitis including when metallic implants are present
- Diabetic patient with a foot suspicious of Charcot's neuroarthropathy, osteomyelitis and/or soft tissue infection
- Painful hip prosthesis
- Vascular prosthesis
- Fever in an AIDS patient
- Detection of septic metastatic foci in case of bacteraemia or endocarditis (see also section 4.4).

#### Detection of the extension of inflammation in case of:

- Sarcoidosis
- Inflammatory bowel disease
- Vasculitis involving the great vessels

#### Therapy follow-up:

Unresectable alveolar echinococcosis, in search for active localisations of the parasite during medical treatment and after treatment discontinuation.

## 4.2 Posology and method of administration

### Posology

#### *Adults and elderly population*

The recommended activity for adults weighting 70 kg is 100 to 400 MBq (this activity has to be adapted according to the body weight of the patient, the type of camera used and acquisition mode), administered by direct intravenous injection.

#### *Renal and hepatic impairment*

Careful consideration of the activity to be administered is required since an increased radiation exposure is possible in these patients.

Extensive dose-range and adjustment studies with this medicinal product in normal and special populations have not been performed.

The pharmacokinetics of fludeoxyglucose ( $^{18}\text{F}$ ) in renally impaired patients has not been characterised.

#### *Paediatric population*

The use in children and adolescents has to be considered carefully, based upon clinical needs and assessing the risk/benefit ratio in this patient group. The activities to be administered to children and adolescents may be calculated according to the recommendations of the European Association of Nuclear Medicine (EANM) paediatric dosage card; the activity administered to children and to adolescents may be calculated by multiplying a baseline activity (for calculation purposes) by the weight-dependant multiples given in the table below.

$$A[\text{MBq}]_{\text{Administered}} = \text{Baseline Activity} \times \text{Multiple}$$

The Baseline Activity for 2D imaging is 25.9 MBq and for 3D imaging 14.0 MBq (recommended in children).

| Weight [kg] | Multiple | Weight [kg] | Multiple | Weight [kg] | Multiple |
|-------------|----------|-------------|----------|-------------|----------|
| 3           | 1        | 22          | 5.29     | 42          | 9.14     |
| 4           | 1.14     | 24          | 5.71     | 44          | 9.57     |
| 6           | 1.71     | 26          | 6.14     | 46          | 10.00    |
| 8           | 2.14     | 28          | 6.43     | 48          | 10.29    |
| 10          | 2.71     | 30          | 6.86     | 50          | 10.71    |
| 12          | 3.14     | 32          | 7.29     | 52-54       | 11.29    |
| 14          | 3.57     | 34          | 7.72     | 56-58       | 12.00    |

|    |      |    |      |       |       |
|----|------|----|------|-------|-------|
| 16 | 4.00 | 36 | 8.00 | 60-62 | 12.71 |
| 18 | 4.43 | 38 | 8.43 | 64-66 | 13.43 |
| 20 | 4.86 | 40 | 8.86 | 68    | 14.00 |

#### Method of administration

For intravenous use.

The activity of fludeoxyglucose ( $^{18}\text{F}$ ) has to be measured with activimeter immediately prior to injection.

The injection of fludeoxyglucose ( $^{18}\text{F}$ ) must be intravenous in order to avoid irradiation as a result of local extravasation, as well as imaging artefacts.

For instruction on dilution of the medicinal product before administration, see section 12.

For patient preparation, see section 4.4.

#### *Image acquisition*

##### **Oncology**

The emission scans are usually started 45 to 60 minutes after the injection of fludeoxyglucose ( $^{18}\text{F}$ ).

Provided a sufficient activity remains for adequate counting statistics, fludeoxyglucose ( $^{18}\text{F}$ )-PET can also be performed up to two or three hours after administration, thus reducing background activity.

If required, repeated fludeoxyglucose ( $^{18}\text{F}$ ) PET examinations can be reiterated within a short period of time.

##### **Neurology**

The emission scans are recommended to begin 30 to 40 minutes after IV injection. Head of patients must be maintained in specific device. According to behaviour disorders of the patients, dynamic PET acquisition during 15 to 30 minutes can be proposed.

### **4.3 Contraindications**

Hypersensitivity to the active substance(s) or to any of the excipients listed in section 6.1.

### **4.4 Special warnings and precautions for use**

#### Potential for hypersensitivity or anaphylactic reactions

If hypersensitivity or anaphylactic reactions occur, the administration of the medicinal product must be discontinued immediately and intravenous treatment initiated, if necessary. To enable immediate action in emergencies,

the necessary medicinal products and equipment such as endotracheal tube and ventilator must be immediately available.

#### Individual benefit/risk justification

For each patient, the radiation exposure must be justifiable by the likely benefit. The activity administered should in every case be as low as reasonably achievable to obtain the required diagnostic information.

#### Renal and hepatic impairment

Due to the major renal excretion of fludeoxyglucose ( $^{18}\text{F}$ ), in patients with reduced kidney function, careful consideration of the benefit risk ratio in these patients is required since an increased radiation exposure is possible. Activity should be adjusted if necessary.

#### Paediatric population

For information on the use in paediatric population, see sections 4.2 or 5.1. Careful consideration of the indication is required since the effective dose per MBq is higher than in adults (see section 11).

#### Patient preparation

MetaTrace FDG should be given to sufficiently hydrated patients fasting for a minimum of 4 hours, in order to obtain a maximum target activity, since glucose uptake in the cells is limited ("saturation kinetics"). The amount of liquid should not be limited (beverages containing glucose must be avoided).

In order to obtain images of best quality and to reduce the radiation exposure of the bladder, patients should be encouraged to drink sufficient amounts and to empty their bladder prior to and after the PET examination.

#### *Oncology, neurology, cognitive diseases and infectious diseases*

In order to avoid hyperfixation of the tracer in muscle, it is advisable for patients to avoid all strenuous physical activity prior to the examination and to remain at rest between the injection and examination and during acquisition of images (patients should be comfortably lying down without reading or speaking).

The cerebral glucose metabolism depends on the brain activity. Thus, neurological examinations should be performed after a relaxation period in a darkened room and with low background noise. During the uptake phase, patients should be asked to remain still and keep awake with eyes open looking straight ahead (not into lights) and the ears should remain unoccluded. Lights should be dimmed to a level similar to twilight. The patients' position, their visual environment, and the room's ambient should be the same throughout a longitudinal study of a given patient.

A blood glucose test should be performed prior to administration since hyperglycaemia may result in a reduced sensitivity of MetaTrace FDG, especially when glycaemia is greater than 8 mmol/L. Similarly, PET with fludeoxyglucose ( $^{18}\text{F}$ ) should be avoided in subjects presenting uncontrolled diabetes.

#### *Cardiology*

Since glucose uptake in the myocardium is insulin-dependent, for a myocardial examination a glucose loading of 50 g approximately 1 hour prior to the administration of MetaTrace FDG is recommended. Alternatively, especially for patients with diabetes mellitus, the blood sugar level can be adjusted by a combined infusion of insulin and glucose (insulin-glucose-clamp) if needed.

### Interpretation of the PET images with fludeoxyglucose ( $^{18}\text{F}$ )

In the exploration of inflammatory bowel diseases, diagnostic performance of fludeoxyglucose ( $^{18}\text{F}$ ) has not been directly compared with that of scintigraphy using labelled white blood cells which may be indicated prior to fludeoxyglucose ( $^{18}\text{F}$ ) PET or after fludeoxyglucose ( $^{18}\text{F}$ ) PET when inconclusive.

Infectious and/or inflammatory diseases as well as regenerative processes after surgery can result in a significant uptake of fludeoxyglucose ( $^{18}\text{F}$ ) and therefore lead to false positive results, when search for infection or inflammatory lesions is not the aim of the fludeoxyglucose ( $^{18}\text{F}$ ) PET. In cases where fludeoxyglucose ( $^{18}\text{F}$ ) accumulation can be caused by either cancer, infection or inflammation, additional diagnostic techniques for the determination of the causative pathological alteration may be required to supplement the information obtained by PET with fludeoxyglucose ( $^{18}\text{F}$ ). In some settings e.g. staging of myeloma, both malignant and infectious foci are searched for and may be distinguished with a good accuracy on topographic criteria e.g. uptake at extramedullary sites and/or bone and joint lesions would be atypical for multiple myeloma lesions and identified cases associated with infection. There are currently no other criteria to distinguish infection and inflammation by means of fludeoxyglucose ( $^{18}\text{F}$ ) imaging.

Because of the high physiologic uptake of fludeoxyglucose ( $^{18}\text{F}$ ) within brain, heart and kidney, PET/CT with fludeoxyglucose ( $^{18}\text{F}$ ) has not been evaluated for the detection of septic metastatic foci in these organs when the patient has been referred due to bacteraemia or endocarditis.

False positive or false negative PET with fludeoxyglucose ( $^{18}\text{F}$ ) results cannot be excluded after radiotherapy within the first 2 - 4 months. If the clinical indication is demanding an earlier diagnosis by PET with fludeoxyglucose ( $^{18}\text{F}$ ), the reason for earlier PET with fludeoxyglucose ( $^{18}\text{F}$ ) examination must be reasonably documented.

A delay of at least 4 - 6 weeks after the last administration of chemotherapy is optimal, in particular to avoid false negative results. If the clinical indication is demanding an earlier diagnosis by PET with fludeoxyglucose ( $^{18}\text{F}$ ), the reason for earlier PET with fludeoxyglucose ( $^{18}\text{F}$ ) examination must be reasonably documented. In case of chemotherapy regimen with cycles shorter than 4 weeks, the PET with fludeoxyglucose ( $^{18}\text{F}$ ) examination should be done just before re-starting a new cycle.

In low-grade lymphoma, lower oesophagus cancer and suspicion of recurrent ovarian cancer, only positive predictive values have to be considered because of a limited sensitivity of PET with fludeoxyglucose ( $^{18}\text{F}$ ).

Fludeoxyglucose ( $^{18}\text{F}$ ) is not effective in detecting brain metastases.  
The accuracy of fludeoxyglucose ( $^{18}\text{F}$ ) PET imaging is better using PET/CT than PET camera alone.

When a hybrid PET-CT scanner is used with or without administration CT contrasts media, some artefacts may occur on the attenuation-corrected PET images.

#### After the procedure

Close contact with infants and pregnant women should be restricted during the initial 12 hours following the injection.

#### Specific warnings

Depending on the time when you administer the injection, the content of sodium given to the patient may in some cases be greater than 1 mmol (23 mg). This should be taken into account in patients on low sodium diet.  
Precautions with respect to environmental hazard see section 6.6.

### **4.5 Interaction with other medicinal products and other forms of interaction**

All medicinal products that modify blood glucose levels can affect the sensitivity of the examination (e.g. corticosteroids, valproate, carbamazepine, phenytoin, phenobarbital and catecholamines).

Under administration of colony-stimulating factors (CSFs), there is an increased uptake of fludeoxyglucose ( $^{18}\text{F}$ ) in the bone marrow and the spleen for several days. This must be taken into account for the interpretation of PET imaging. Separating CSF therapy from PET imaging by an interval of at least 5 days may diminish this interference.

The administration of glucose and insulin influences the influx of Fludeoxyglucose ( $^{18}\text{F}$ ) into the cells. In the case of high blood glucose levels as well as low plasma insulin levels, the influx of Fludeoxyglucose ( $^{18}\text{F}$ ) into organs and tumours is reduced.

No formal studies on the interaction between fludeoxyglucose ( $^{18}\text{F}$ ) and any contrast for computed tomography have been performed.

Depression, benzodiazepine and neuroleptic medications modify brain neuronal metabolism. These effects should be discussed with the referring clinician, by the reporting clinician, before the scan, as part of the integration of the imaging into the global assessment of the patient.

### **4.6 Fertility, pregnancy and lactation**

#### Women of childbearing potential

When an administration of radiopharmaceuticals to a woman of childbearing potential is intended, it is important to determine whether or not she is pregnant. Any woman who has missed a period should be assumed to be pregnant until proven otherwise. If in doubt about her potential pregnancy (if the woman has missed a period, if the

period is very irregular, etc.), alternative techniques not using ionising radiation (if there are any) should be offered to the patient.

#### Pregnancy

Radionuclide procedures carried out on pregnant women also involve radiation dose to the foetus. Only essential investigations should therefore be carried out during pregnancy, when the likely benefit far exceeds the risk incurred by the mother and foetus.

#### Breastfeeding

Before administering radiopharmaceuticals to a mother who is breastfeeding, consideration should be given to the possibility of delaying the administration of radionuclide until the mother has ceased breast-feeding, and to what is the most appropriate choice of radiopharmaceuticals, bearing in mind the secretion of activity in breast milk. If the administration is considered necessary, breast-feeding should be interrupted for 12 hours and the expressed feeds discarded.

Close contact with infants and pregnant women should be restricted during the initial 12 hours following the injection.

#### Fertility

No studies on fertility have been performed.

### **4.7 Effects on ability to drive and use machines**

Not relevant.

### **4.8 Undesirable effects**

Exposure to ionising radiation is linked with cancer induction and a potential for development of hereditary defects. As the effective dose is 7.6 mSv when the maximal recommended activity of 400 MBq is administered these adverse reactions are expected to occur with a low probability. You may see a rash or redness at injection site.

#### Reporting of suspected adverse reactions

Reporting suspected adverse reactions after authorisation of the medicinal product is important. It allows continued monitoring of the benefit/risk balance of the medicinal product. Healthcare professionals are asked to report any suspected adverse reactions via

Yellow Card Scheme

Website: [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard)

#### **4.9 Overdose**

An overdose in the pharmacological sense is unlikely given with the doses used for diagnostic purposes.

If an overdose of Fludeoxyglucose ( $^{18}\text{F}$ ) has been administered, the radiation dose delivered to the patient must be reduced by increasing as much as possible the elimination of the radionuclide, by forced diuresis and frequent mictions.

### **5 PHARMACOLOGICAL PROPERTIES**

#### **5.1 Pharmacodynamic properties**

Pharmacotherapeutic group: diagnostic radiopharmaceuticals, other diagnostic radiopharmaceuticals for tumour detection, ATC code: V09IX04

##### Pharmacodynamic effects

At the chemical concentrations used for diagnostic examinations, fludeoxyglucose ( $^{18}\text{F}$ ) does not appear to have any pharmacodynamics activity.

#### **5.2 Pharmacokinetic properties**

##### Distribution

Fludeoxyglucose ( $^{18}\text{F}$ ) is a glucose analogue which is accumulated in all cells using glucose as primary energy source. Fludeoxyglucose ( $^{18}\text{F}$ ) is accumulated in tumours with a high glucose turnover.

Following intravenous injection, the pharmacokinetic profile of fludeoxyglucose ( $^{18}\text{F}$ ) in the vascular compartment is biexponential. It has a distribution time of 1 minute and an elimination time of approximately 12 minutes.

In healthy subjects, fludeoxyglucose ( $^{18}\text{F}$ ) is widely distributed throughout the body, particularly in the brain and heart, and to a lesser degree in the lungs and liver

The brain, in a non-ketotic state, is an obligate user of glucose as an energy source. FDG uptake is prominent on the scan in the normal brain. FDG uptake in the brain is complex involving glucose transporter 1 (GLUT1) on the blood-brain barrier, GLUT3 on the neurones and GLUT2 expression on astrocytes.

##### Organ uptake

The cellular uptake of fludeoxyglucose ( $^{18}\text{F}$ ) is performed by tissue-specific carrier systems which are partly insulin-dependent and thus can be influenced by eating, nutritional condition and the existence of a diabetes mellitus. In patients with a diabetes mellitus a reduced uptake of fludeoxyglucose ( $^{18}\text{F}$ ) into the cells occurs due to a changed tissue distribution and glucose metabolism.

Fludeoxyglucose ( $^{18}\text{F}$ ) is transported via the cell membrane in similar fashion to glucose, but only undergoes the first steps of glycolysis resulting in formation of fludeoxyglucose ( $^{18}\text{F}$ )-6-phosphate which remains trapped within the tumour cells and is no further metabolised. Since the following dephosphorylation by intracellular phosphatases is slow, fludeoxyglucose ( $^{18}\text{F}$ )-6-phosphate is retained in the tissue over several hours (trapping-mechanism).

Fludeoxyglucose ( $^{18}\text{F}$ ) passes the blood-brain barrier. Approximately 7% of the injected dose is accumulated in the brain within 80 - 100 minutes after injection. Epileptogenic foci exhibit a reduced glucose metabolism in the seizure free phases. Alzheimer's disease reduces GLUT1 and GLUT3 in regions of the cortex of the brain. These changes produce regional reduced FDG uptake in association cortices within the brain used for interpretation.

Approximately 3% of the injected activity is taken-up by the myocardium within 40 minutes. The distribution of fludeoxyglucose ( $^{18}\text{F}$ ) in normal heart is mainly homogenous, however, regional differences of up to 15% are described for the interventricular septum. During and after a reversible myocardial ischemia, an increased glucose uptake occurs into the myocardial cell.

0.3 % and 0.9 -2.4 % of the injected activity are accumulated in pancreas and lung.

Fludeoxyglucose ( $^{18}\text{F}$ ) is also bound to a lesser extent to ocular muscle, pharynx and intestine. Binding to muscle may be seen following recent exertion and in the event of muscular effort during the examination.

#### Elimination

Elimination of fludeoxyglucose ( $^{18}\text{F}$ ) is chiefly renal, with 20% of activity being excreted in urine in the 2 hours following injection.

Binding to renal parenchyma is weak, but because of renal elimination of fludeoxyglucose ( $^{18}\text{F}$ ), the entire urinary system, particularly the bladder, exhibits marked activity.

### **5.3 Preclinical safety data**

In preclinical studies of acute toxicity the 50-fold human dose in dogs and the 1000-fold human dose in mice did not reveal any signs of toxicity.

Studies of chronic toxicity, of mutagenic potential as well as studies of reproduction toxicity and cancerogenic potential have not been performed because of the intended clinical use of the substance (usually a single intravenous application of Fludeoxyglucose ( $^{18}\text{F}$ ) in the range of ng or  $\mu\text{g}$ ).

## **6 PHARMACEUTICAL PARTICULARS**

### **6.1 List of excipients**

Ethanol

Water for injection

## **6.2 Incompatibilities**

The medicinal product must not be mixed with other medicinal products except those mentioned in section 6.6.

## **6.3 Shelf life**

12 hours after production.

The date and time of the expiration are indicated on the external side of the original packaging as well as on each vial.

## **6.4 Special precautions for storage**

Storage of radiopharmaceuticals should be in accordance with national regulations on radioactive materials.

## **6.5 Nature and contents of container**

Multidose, maximum 10ml glass vial, colourless Type I of the European Pharmacopoeia, closed by a rubber stopper covered by Teflon and sealed by an aluminium capsule.

One vial contains maximum 10ml of solution, corresponding to an active concentration of 3000 MBq per ml at calibration time.

## **6.6 Special precautions for disposal**

### General warning

Radiopharmaceuticals should be received, used and administered only by authorised persons in designated clinical settings. Their receipt, storage, use, transfer and disposal are subject to the regulations and/or appropriate licences of the competent official organisation.

Radiopharmaceuticals should be prepared in a manner which satisfies both radiation safety and pharmaceutical quality requirements. Appropriate aseptic precautions should be taken.

The administration of radiopharmaceuticals creates risks for other persons from external radiation or contamination from spills of urine, vomiting, etc. Radiation protection precautions in accordance with national regulations must be taken.

Any unused medicinal product or waste material should be disposed in accordance with local requirements.

## **7      MARKETING AUTHORISATION HOLDER**

Siemens Healthcare Limited  
Faraday House,  
Sir William Siemens Square,  
Frimley,  
Camberley,  
Surrey GU16 8QD  
United Kingdom

## **8      MARKETING AUTHORISATION NUMBER(S)**

PL 45366/0001

## **9      DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION**

15/03/2012

## **10     DATE OF REVISION OF THE TEXT**

14/07/2016

## **11     DOSIMETRY (IF APPLICABLE)**

The data listed below are from ICRP 106 Publication

| <b>Dose absorbed per unit of activity administered (mGy/MBq)</b> |              |                   |                   |                  |                 |
|------------------------------------------------------------------|--------------|-------------------|-------------------|------------------|-----------------|
| <b>Organ</b>                                                     | <b>Adult</b> | <b>15 yrs old</b> | <b>10 yrs old</b> | <b>5 yrs old</b> | <b>1 yr old</b> |
| Adrenals                                                         | 0.012        | 0.016             | 0.024             | 0.039            | 0.071           |
| Bladder                                                          | 0.130        | 0.160             | 0.250             | 0.340            | 0.470           |
| Bone surfaces                                                    | 0.011        | 0.014             | 0.022             | 0.034            | 0.064           |
| Brain                                                            | 0.038        | 0.039             | 0.041             | 0.046            | 0.063           |
| Breast                                                           | 0.009        | 0.011             | 0.018             | 0.029            | 0.056           |
| Gallbladder                                                      | 0.013        | 0.016             | 0.024             | 0.037            | 0.070           |
| Gastrointestinal tract:                                          |              |                   |                   |                  |                 |
| Stomach                                                          | 0.011        | 0.014             | 0.022             | 0.035            | 0.067           |
| Small intestine                                                  | 0.012        | 0.016             | 0.025             | 0.040            | 0.073           |
| Colon                                                            | 0.013        | 0.016             | 0.025             | 0.039            | 0.070           |

| <b>Dose absorbed per unit of activity administered (mGy/MBq)</b> |              |                   |                   |                  |                 |
|------------------------------------------------------------------|--------------|-------------------|-------------------|------------------|-----------------|
| <b>Organ</b>                                                     | <b>Adult</b> | <b>15 yrs old</b> | <b>10 yrs old</b> | <b>5 yrs old</b> | <b>1 yr old</b> |
| Upper large intestine                                            | 0.012        | 0.015             | 0.024             | 0.038            | 0.070           |
| Lower large intestine                                            | 0.014        | 0.017             | 0.027             | 0.041            | 0.070           |
| Heart                                                            | 0.067        | 0.087             | 0.130             | 0.210            | 0.380           |
| Kidneys                                                          | 0.017        | 0.021             | 0.029             | 0.045            | 0.078           |
| Liver                                                            | 0.021        | 0.028             | 0.042             | 0.063            | 0.120           |
| Lungs                                                            | 0.020        | 0.029             | 0.041             | 0.062            | 0.120           |
| Muscles                                                          | 0.010        | 0.013             | 0.020             | 0.033            | 0.062           |
| Oesophagus                                                       | 0.012        | 0.015             | 0.022             | 0.035            | 0.066           |
| Ovaries                                                          | 0.014        | 0.018             | 0.027             | 0.043            | 0.076           |
| Pancreas                                                         | 0.013        | 0.016             | 0.026             | 0.040            | 0.076           |
| Red marrow                                                       | 0.011        | 0.014             | 0.021             | 0.032            | 0.059           |
| Skin                                                             | 0.008        | 0.010             | 0.015             | 0.026            | 0.050           |
| Spleen                                                           | 0.011        | 0.014             | 0.021             | 0.035            | 0.066           |
| Testes                                                           | 0.011        | 0.014             | 0.024             | 0.037            | 0.066           |
| Thymus                                                           | 0.012        | 0.015             | 0.022             | 0.035            | 0.066           |
| Thyroid                                                          | 0.010        | 0.013             | 0.021             | 0.034            | 0.065           |
| Uterus                                                           | 0.018        | 0.022             | 0.036             | 0.054            | 0.090           |
| Remaining organs                                                 | 0.012        | 0.015             | 0.024             | 0.038            | 0.064           |
| Effective dose<br>(mSv/MBq)                                      | 0.019        | 0.024             | 0.037             | 0.056            | 0.095           |

The effective dose resulting from the administration of a maximal recommended activity of 400 MBq of fludeoxyglucose ( $^{18}\text{F}$ ) for an adult weighing 70 kg is about 7.6 mSv.

For an administered activity of 400 MBq the typical radiation doses delivered to the critical organs, bladder, heart and brain are 52 mGy, 27 mGy and 15 mGy, respectively.

## 12 INSTRUCTIONS FOR PREPARATION OF RADIOPHARMACEUTICALS (IF APPLICABLE)

### Method of preparation

The package must be checked before use and the activity measured using an activimeter.

The medicinal product may be diluted with sodium chloride 9 mg/mL solution for injection. Withdrawals should be performed under aseptic conditions. The vials must not be opened before disinfecting the stopper, the solution should be withdrawn via the stopper using a single dose syringe fitted with suitable protective shielding and a disposable sterile needle or using an authorised automated application system.

If the integrity of this vial is compromised, the product should not be used.

### Quality control

The solution should be inspected visually prior to use. Only clear solutions, free of visible particles should be used.

Detailed information on this medicinal product is available on the website of Medicines and Healthcare Products Regulatory Agency

<https://www.gov.uk/government/organisations/medicines-and-healthcare-products-regulatory-agency>